

*Northern Sunshine Designs
A Touch of Elegance Inspired by Nature
Knitting Patterns by Darlene*

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Apple Harvest



Adult size medium

Materials - - 2 skeins of- -“Arizona”- -from Apple Laine’s, Apple Pie yarn collection.

1 set of 2.25 mm (U.S. # 1) 5 double point needles

Tension - - 8 stitches = 2 ½ cm (1 in)

Abbreviations

cm(s) - - - centimeter(s)

in(s) - - - - inch (es)

k - - - knit

p - - - purl

pssso - - - pass slip stitch over

skp - - - slip 1 stitch, knit 1 stitch; pass slip stitch over the knit stitch

sk2p - - - slip 1 stitch, knit 2 together pass the slip stitch over the knit 2 together

tog - - - together

working needle - - - the needle that the stitches are knitted onto

ws - - - wrong side of work

yfwd - - - yarn forward (or yarn over)

yon - - - yarn on needle

yb - - - yarn in back

Instructions

Cast on 60 stitches: 15 stitches on each of 4 needles.

Cuff

rounds 1 to 20 - - - k1- -p2- -repeat to end of round

arrange stitches for sock leg- -the sock leg is knit on 3 needles

needle 1 - - - working across the 1st and 2nd needles- -k1- -p2-
-repeat to end of the 2nd needle- -k1- -from the beging of the 3rd
needle on to the end of needle 1 - - -(31 stitches)
needle 2 - - - p2- -*k1- -p2- -repeat from * to end of the 3rd needle- -
(14 stitches)
needle 3 - - - k1- -p2- - repeat to the end of the 4th needle- - (15
stitches)

Leg Pattern

round 1

needle 1 - - - k7- -p2- -k1- -p2- -yb- -skp- -yfwd- -k3- -yfwd- -k2tog-
-p2- -k1- -p2- -k7

needles 2 and 3 - - - knit all stitches

round 2

needle 1 - - - k7- -p2- -k1- -p2- -k7- -p2- -k1- -p2- -k7

needles 2 and 3 - - - knit all stitches

round 3

needle 1 - - - k7- -p2- -k1- -p2- -k2- -yfwd- -sk2p- -yfwd- -k2- -p2-
-k1- -p2- -k7

needles 2 and 3 - - - knit all stitches

round 4

needle 1 - - - k7- -p2- -k1- -p2- -k7- -p2- -k1- -p2- -k7

needles 2 and 3 - - - knit all stitches

☀ - repeat rounds 1 to 4 until the sock leg measures 15 cm (6
inches- -for desired length of sock leg

the stitches on needle 1- -will become the heel stitches- -the
stitches on needles 2 and 3- -will remain idle while making and
shaping the heel

Make heel

row 1

k1- -(p1- -k1)3x's- -p2- -k1- -p2- -yb- -skp- -yfwd- -k3- -yfwd-
-k2tog- -p2- -k1- -p2- -(k1- -p1)3x's- -k1- -turn

row 2

k1- -(k1- -p1)3x's- -k2- -p1- -k2- -p7- -k2- -p1- -k2- -(p1-
-k1)3x's- -k1- -turn

row 3

k1- -(p1- -k1)3x's- -p2- -k1- -p2- -k2- -yfwd- -sk2p- -yfwd- -k2-
-p2- -k1- -p2- -(k1- -p1)3x's- -k1- -turn

row 4

k1- -(k1- -p1)3x's- -k2- -p1- -k2- -p7- -k2- -p1- -k2- -(p1-
-k1)3x's- -k1- -turn

rows 5 to 16 - -repeat- -rows 1 to 4- -3 times

row 17

k1- -(p1- -k1)3x's- -p2- -k1- -p2- -k7- -p2- -k1- -p2- -(k1-
-p1)3x's- -k1)3x's- -k1- -turn

row 18

k1- -(k1- -p1)3x's- -k2- -p1- -k2- -p7- -k2- -p1- -k2- -(p1-
-k1)3x's- -k1- -turn

rows 19 and 20 - - - repeat rows 17 and 18

row 21

k1- -(p1- -k1)3x's- -p2- -k1- -p2- -k7- -p2- -k1- -p2- -(k1-
-p1)3x's- -k1)3x's- -k1- -turn

row 22

k1- -(k1- -p1)3x's- -k2- -p1- -k2- -p3- -p2tog- -p2- -k2- -p1- -k2-
-(p1- -k1)3x's- -k1- -turn- -(30 stitches)

Shape heel

row 1- - - sl 1- -k16- -k2tog- -k1- -turn
row 2- - - sl 1- -p5- -p2tog- -p1- -turn
row 3- - - sl 1- -k6- -k2tog- -k1- -turn
row 4- - - sl 1- -p7- -p2tog- -p1- -turn
row 5- - - sl 1- -k8- -k2tog- -k1- -turn
row 6- - - sl 1- -p9- -p2tog- -p1- -turn
row 7- - - sl 1- -k10- -k2tog- -k1- -turn
row 8- - - sl 1- -p11- -p2tog- -p1- -turn
row 9- - - sl 1- -k12- -k2tog- -k1- -turn
row 10- - - sl 1- -p13- -p2tog- -p1- -turn
row 11- - - sl 1- -k14- -k2tog- -k1- -turn
row 12- - - sl 1- -p15- -p2tog- -p1- -turn
knit across the remaining 18 stitches.

Make instep- - the instep and foot are knit on 4 needles

round 1

needle 1- - - pick-up 15 stitches along left side of heel flap
needles 2 and 3 - - - knit all stitches
needle 4 - - - pick-up 15 stitches along right side of heel flap
☀ - knit 9 stitches from heel flap onto needle 4
☀ - slip remaining 9 stitches from heel flap onto needle 1.
(24 stitches on needles 1 and 3- - 14 stitches on needle 2- -15 stitches on needle 3)

Shape instep

round 1

needle 1 - - - knit to last 3 stitches- -k2tog- -k1

needle 2 - - - knit all stitches

needle 3 - - - k1- -skp- -knit to end of needle

round 2 - - - knit all stitches

☀ - repeat rounds 1 to 2 until 59 stitches remain- -15 stitches on needle 1 - -14 stitches on needle 2- -15 stitches on needles 3 and 4

Foot

knit all stitches without further decreases, until foot measures 4cm (1 ½ inches) shorter than desired foot length

arrange stitches for toe- -the toe is knit on 3 needles

needle 1 - - - knit all stitches

needle 2 - - -working across needles 2 and 3- -k 14- -increase 1 stitch, by knitting into the front and back of next stitch- -k14- - (30 stitches)

needle 3- - -knit all stitches

Shape toe

round 1

needle 1 - - - knit to last 3 stitches- -k2tog- -k1

needle 2 - - - k1- -skp- -knit to last 3 stitches- -k2tog- -k1

needle 3 - - - k1- -skp- -knit to end of needle

round 2 - - - knit all stitches

☀ - repeat rounds 1 and 2 until 40 stitches remain

needles 1 and 3- -10 stitches- -needle 2- -20 stitches

☀ - repeat round 1 until 20 stitches remain.

needles 1 and 3- -5 stitches- -needle 2- -10 stitches

☀ - knit the 5 stitches on needle 1 onto the end of needle 3

☀ - using Kitchener stitch, graft the two set of 10 stitches together

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Apple Harvest sock pattern by Darlene M. Thompson.
Houston, B.C.