

Northern Sunshine Designs
A Touch of Elegance Inspired by Nature
Knitting Patterns by Darlene
www.northernsunshinedesigns.com

Just Ribbing



Adult size medium

Materials- - -2 skeins - -“English Garden”- -from Apple Laine’s
Apple Pie Collection

1 set of 2.25 mm (U.S. # 1) 5 double point needles

Tension- - -8 stitches = 2 ½ cm (1 in)

Abbreviations

cm..... centimeter(s)

in(s)...inch (es)

k.....knit

p.....purl

sl.....slip

skp.....slip 1 stitch, knit 1 stitch, pass slip stitch over the knit
stitch

tog.....together

working needle.....the needle that the stitches are knitted
onto

Instructions

Cast on 60 stitches: 15 stitches on each of 4 needles.

Cuff and Leg

~knit in k2- -p1- - ribbing until the sock leg measures 15 cm (6 inches) or desired length of sock leg

arrange stitches for heel

~slip the last stitch from needle 4 onto the working needle
~ k2- -p1- -repeat across the stitches on the 1st and 2nd needle
~these 31 stitches are the heel stitches
~leave the remaining 29 stitches on spare needles while making and shaping the heel

Make heel

with wrong side facing.....k1- -p13- -p2tog- -p14- -k1- -30 stitches-
-(turn)

row 1.....k1- -sl 1- -repeat to last stitch- -k1- -(turn)

row 2.....(wrong side)- -k1- -purl to last stitch- -k1- -(turn)

~repeat rows 1 and 2 until heel measures 6.5 cm (2 1/2 inches)

~repeat row 1 once

Shape heel

row 1....sl 1- -k16- -k2tog- -k1- -turn

row 2....sl 1- -p5- -p2tog- -p1- -turn

row 3....sl 1- -k6- -k2tog- -k1- -turn

row 4....sl 1- -p7- -p2tog- -p1- -turn

row 5....sl 1- -k8- -k2tog- -k1- -turn

row 6....sl 1- -p9- -p2tog- -p1- -turn

row 7....sl 1- -k10- -k2tog- -k1- -turn

row 8....sl 1- -p11- -p2tog- -p1- -turn

row 9....sl 1- -k12- -k2tog- -k1- -turn

row 10....sl 1- -p13- -p2tog- -p1- -turn

row 11....sl 1- -k14- -k2tog- -k1- -turn

row 12....sl 1- -p15- -p2tog- -p1- -turn

knit across the remaining 18 stitches.

Make instep

The remainder of the sock is knit on 3 needles.

round 1

needle 1.....pick-up 15 stitches along left side of heel flap

needle 2k2- -p1- -across the 29 stitches on spare needles

needle 3....pick-up 15 stitches along right side of heel flap

knit 9 stitches from heel flap onto needle 3.

round 2....slip remaining 9 stitches from heel flap onto needle 1

needle 1.....knit all stitches

needle 2k2- -p1- -repeat to end of round

needle 3.....knit all stitches

Shape instep

round 1

needle 1....knit to last 3 stitches- -k2tog- -k1

needle 2....k2- -p1- -repeat to end of needle

needle 3....k1- -skp- -knit to end of needle

round 2

needle 1.....knit all stitches

needle 2k2- -p1- -repeat to end of round

needle 3.....knit all stitches

repeat rounds 1 to 2 until 59 stitches remain. 15 stitches on needles 1 and 3- -29 stitches on needle 2

Foot

all rounds

needle 1.....k15

needle 2k2- -p1- -repeat to end of round

needle 3.....k15

~repeat until sock foot measures 4cm (1 1/2 inches) shorter than desired foot length.

arrange stitches for toe

needle 1.....k15

needle 2....k14- -increase 1 stitch by knitting into the front and back of next stitch- -k14 (30 stitches)

needle 3.....k15

